



WELCOME to the Society's fourth newsletter. We hope that you enjoy reading it and learning about our progress throughout the last year. We continue to encourage any contributions from members. Please direct any correspondence to:

Info
@sonsoftherock.
org.uk

or
The Secretary
Sons of the Rock
23 King Street
DOUNE
Perthshire FK16 6DN

or
telephone:
01786 841809

In this issue:

Sarah Chester	1
Auld Hansel 2015	1
Those we have helped	2
Doone Park House	2

Message from the Preses

I would like to welcome all those who have recently joined the Society and to thank all active members who have given their support over many years. I hope to be able to welcome many more people to Sons of the Rock in the coming year.

Our networking in the Care Sector is well underway and is evidenced by the growing number of extremely needy applicants. We have made valuable partnerships with social workers and voluntary organisations, who are in a position to endorse applications from individuals living in our community who are in need of support due to social, emotional and financial circumstances.

After awarding grants to the most needy applicants, growing our membership is the main focus of the Society for the coming year. In the year

to 31st August 2014, SOTR has supported 8 individuals and three local voluntary organisations (who support vulnerable people), with grants totalling £4,830.

It has been humbling to receive applications from local people who are living through crises and as we approach the festive season there will be many people living in our local community who will find this a very challenging and difficult time. The Sons of the Rock can make a huge contribution to a quality of life by giving small amounts to those in most need.

While we will not set ourselves unachievable challenges we do believe that with a small effort from all our members, we should aim to double this amount and thus help double the number of people in need.



Sarah Chester

There are not many charities around that can connect directly with vulnerable individuals living in our community. I urge members to encourage their friends and families to become active members of the society. Membership forms can be downloaded from the website. Our trustees will be working hard to achieve this goal as well!

The Sons of the Rock Society is in good heart, is moving forward and fulfilling a vital role in our community.

Auld Hansel Monday AGM and Lecture 2015

Forth Valley College (off jct 10 M9) is once again the venue for our Auld Hansel Monday gathering at 7pm on the 19th of January.

We are delighted to confirm that the Annual Lecture will be given by Ian Scott, Chairman of Falkirk Community Trust, who will be well

known to many. Those who heard Ian two years ago at the Annual Gathering will hardly need reminding of his speaking skills and knowledge of the local history of Falkirk. The title of this year's illustrated lecture "**The Carron Company and the Transformation of East Stirlingshire**"

promises to give a fascinating insight into the impact of the famous Carron Ironworks on the fortunes of the key families involved and the surrounding communities – a story which still resonates today.

A two course supper will be served afterwards.

In The Last Year We Have Helped Provide...

- * specialist gloves and socks for an elderly lady suffering from Raynaud's syndrome;
- * a 2 week holiday in a specially adapted cottage in Angus for the family of a severely disabled young man;
- * new beds and bedding for a single mother who was sleeping on the floor and to a household coping with disability and on a very low income;
- * household white goods for someone living in very reduced circumstances;
- * enabling a young man from the Barnardo's Freaggaroch project to commence an engineering course at Forth Valley College ;
- * supporting a local writer to attend a course in Scottish vernacular literature; and
- * funding a promising young violinist from a family in financial need to attend the annual NYOS summer music school.



Town Break Day Out

The Society also enabled 16 individuals with Dementia and their carers from Town Break to have an outing to the Museum of Childhood and lunch in Edinburgh.

*



The society supported **Action in Mind** (formerly Stirling Association of Mental Health) to set up a new café style internet hub for the charity's clients.

*



Braveheart Monthly Walk To Gartmorn Dam

We provided a new inkjet printer for the **Braveheart** project in Falkirk to support the charity's administration of its volunteer programmes and fundraising activities, closely linked to Falkirk Community Hospital.

*

The Moray Family – Doune Park House Summer Event

We are most grateful to the Earl of Moray and his mother Malvina, Lady Moray, both members of the Society, for generously hosting this event in their beautiful home.

Lord Moray gave members a fascinating talk on the history of the Moray family, providing a perspective on the leading role they played in Scottish national life for over 500 years, back to the time of the 'Bonnie Earl' of the famous ballad.



The Earl of Moray

The house was largely rebuilt with a classical façade in the early 19th

century, although the original features date back to an early Laird's House. The family still owns Doune Castle nearby, now in the care of Historic Scotland.

Members enjoyed a beautiful summer evening in a lovely setting and it was a privilege to be shown round Doune Park House.

Due to the generous sponsorship of Moray Estates, the evening made £900 for the Society's funds.